



USDC VOLUNTEER CALENDAR JULY 2026



Department of Health
& Human Services
Utah State
Developmental Center

SUN	MON	TUE	WED	THU	FRI	SAT
			1 6:30-7:30pm Dance @ CMTB & Raintree	2 11:00-1:00pm Train Club @ Old Rec Gym	3	4 
5 9-11am Church Services @ A-frame Church	6 Reserved - Volunteer Group	7	8 6:30-7:30pm Dance @ CMTB & Raintree	9	10	11 9:00-Noon Curb Painting Service Project
12 9-11am Church Services @ A-frame Church	13 6-7pm Reading Night @ Raintree & Cottonwood	14 6:00-7:00 Cleanup Service Project	15 6:30-7:30pm Dance @ CMTB & Raintree	16	17	18
19 9-11am Church Services @ A-frame Church	20	21	22 7:00pm Steel Days Children's Parade @ USDC	23	24 	25 9:00am Steel Days Parade @ American Fork
26 9-11am Church Services @ A-frame Church 6-7pm Sunday Serenade @ Cottonwood & RT	27 6-7pm Current Events Club @ Raintree Conference Room 6-7pm Game Night @ Raintree	28	29 6:30-7:30pm Dance @ CMTB & Raintree	30	31	





USDC VOLUNTEER CALENDAR AUGUST 2026



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SUN	MON	TUE	WED	THU	FRI	SAT
						1  12:30-2pm Craft Activity @ Raintree
2 9-11am Church Services @ A-frame Church	3  National Watermelon Day	4	5 6:30-7:30pm Dance @ CMTB & Raintree	6  11:00-1:00pm Train Club @ Old Rec Gym	7	8
9 9-11am Church Services @ A-frame Church 1:00-2:00 National Book Lovers Day Book Exchange @ Buddy Lounge Admin. Bldg. 	10 6-7pm Current Events Club @ Raintree Conference Room 6-7pm Reading Night @ Raintree	11	12 6:30-7:30pm Dance @ CMTB & Raintree	13	14	15
16 9-11am Church Services @ A-frame Church 6-7pm Sunday Serenade @ Cottonwood & RT	17 6-7pm Game Night @ Raintree	18	19 6:30-7:30pm Dance @ CMTB & Raintree	20	21	22 12:30-2pm Craft Activity @ Raintree & Cottonwood 3-4pm Game Club @ CMTB Gym
23 30 9-11am Church Services @ A-frame Church	24 31	25	26 6:30-7:30pm Dance @ CMTB & Raintree	27	28	29

USDC Volunteer Opportunities

Volunteers must be 14 and older. Closed toed shoes are required for all activities.

Wednesday Dance ♦

Meet us every Wednesday at the Comprehensive Medical Therapy Building (CMTB) at 5:50pm for a quick training before we split up to bring the party to two different buildings. We need volunteers to dance, assist with wheelchairs, and join in energetic group activities like line dancing and parachute games. Come move, groove, and brighten the evening for our USDC individuals!

Craft Activities *

Come share your artistic side and help us make something beautiful! These craft activities serve as an essential outlet for self-expression and joy. Meet ten minutes early for some brief instructions and then we'll get started with the fun. Volunteers should expect to complete two to three crafts with the individual they are paired with - no special skills are required.

Game Nights *

Join us for a fun hour of group, board, and card games with USDC individuals. Your participation does more than just entertain; it builds confidence, strengthens memory, and fosters vital social connections. Come play with a purpose and help us engage our individuals!

Train Club ♦

Train club is held the first Thursday of every month from 11:00 AM to 1:00 PM in the old rec building on the east side. It is a wonderful opportunity to make new friends and have fun while learning all about trains! All aboard!

Custom Volunteer Opportunities ♦

If our current schedule doesn't fit yours, let us know and we will create a custom service opportunity tailored specifically to your group. We welcome a wide range of contributions, from collection drives and outdoor projects to unique talent showcases. Reach out today so we can find the perfect way for you to share your gifts with our individuals!

Reading Nights *

Join us for an hour of reading stories and sharing books with some very special individuals with intellectual and physical disabilities. You'll read one on one with our individuals and help them enjoy an evening of fun, make new friends and help with skills like critical thinking, attention and focus. Books will be provided, but you are welcome to bring books to share.

Sunday Serenade ♦

Join us on Sunday evenings between 6:00 and 7:00 PM to share your musical talents. Whether utilizing the on-site piano, bringing a sound system, or singing a cappella, we invite you to perform your favorite fun and lively tunes. Come fill the halls with song and uplift our individuals!

- * Sign up on [Justserve.org](https://www.justserve.org)
- ♦ Contact Mattie to set up an opportunity for you or your group

Mattie Carson
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801-763-4106
THANK YOU!



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